



Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

<p><b>Happy Birthday Irene</b></p> <p>9:30 Catholic Mass 10:30 Social Time 1:00 Step it Up 2:00 Coffee/Snack Time 2:30 – 3:30 BINGO with Care Partner</p> <p>New Year's Day</p>	<p>9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Resolutions 1:00 Step up Up - Walkers 1:30 Coffee &amp; Snack Time 2:00-4:00 Bingo (AR) 2:30 Half Time Happy Hands</p>	<p><b>8:00 Eggs Your Way BLUE</b></p> <p>9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Pitty Pat Cards 1:00 Step up Up - Walkers 1:30 Coffee &amp; Snack Time 2:00-4:00 Bingo (AR) 2:30</p>	<p><b>Hair – All day with Linda</b></p> <p>9:00 Bookmobile Visits Room 9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Center/Left/Right 1:00 Step up Up - Walkers 1:30 Coffee &amp; Snack Time 2:00-4:00</p>	<p>9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Drum It Up 1:00 Step up Up - Walkers 1:30 Rosary followed by 2:15 Holy Communion 2:30 Coffee &amp; Snack Time 2:45-4:00 Crazy 8's</p>	<p><b>Hair – All day with Linda</b></p> <p>9:30- 10:00 Exercise (SR) 10:15 So Long Christmas 1:00 Step up Up - Walkers 1:30 Coffee &amp; Snack Time 2:00-4:00 Bingo in AR OR 2:00 It's Mardi Gras Time</p>	<p>9:30 Social Time 10:30 Step it Up Walkers 1:00 What are you looking at? Magazine Time 2:00 Coffee/Snack Time 2:30 – 3:30 BINGO with Care Partner</p>
<p>9:30 Catholic Mass 10:30 Social Time 1:00 Step it Up 2:00 Coffee/Snack Time 2:30 – 3:30 BINGO with Care Partner</p>	<p>9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Strain the Brain 1:00 Step up Up - Walkers 1:30 Coffee &amp; Snack Time 2:00-4:00 Bingo (AR) 2:30 Half Time Happy Hands</p>	<p><b>Happy Birthday Louise</b></p> <p>8:00 Eggs Your Way GREEN 9:15 – 10:15 Exercise (SR) 10:30-11:30 Mass with Father Anthony (SR) 1:00 Step up Up - Walkers 1:30 Birthday Celebration 2:00 Music with Joe Barbara In Sunroom</p>	<p><b>Hair – All day with Linda</b></p> <p>9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:45 Resident Council Meeting (SR) 1:00 Step up Up - Walkers 1:30 Coffee &amp; Snack Time 2:00-4:00 Bingo (AR)</p>	<p>9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Drum It Up 1:00 Step up Up - Walkers 1:30 Rosary followed by 2:15 Holy Communion 2:30 Coffee &amp; Snack Time 2:45-4:00 Crazy 8's</p>	<p><b>Hair – All day with Linda</b></p> <p>9:30- 10:00 Exercise (SR) 10:15-11:45 I Spy Game 1:00 Step up Up - Walkers 1:30 Wine/Cheese/Grape Social 2:00-4:00 UNO with the Candy Man in AR</p>	<p>9:30 Let's Watch a Movie 1:00 Step it Up Walkers 2:00 Coffee/Snack Time 2:30 – 3:30 BINGO with Care Partner</p>
<p>9:30 Catholic Mass 10:30 Social Time 1:00 Step it Up 2:00 Coffee/Snack Time 2:30 – 3:30 BINGO with Care Partner</p>	<p>9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30 Pick your Brain - MLK 1:00 Step up Up - Walkers 1:30 Coffee &amp; Snack Time 2:00-4:00 Bingo (AR) 2:30 Half Time Happy Hands</p> <p>Martin Luther King Jr. Day</p>	<p><b>8:00 Eggs Your Way BLUE</b></p> <p>9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30 St. Charles Ministry 1:00 Step up Up - Walkers 1:30 Coffee &amp; Snack Time 2:00-4:00 POKENO (AR)</p>	<p><b>Hair – All day with Linda</b></p> <p>9:00 Bookmobile Visits Room 9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30 St. Charles Ministry 1:00 Step up Up - Walkers 1:30 Coffee &amp; Snack Time 2:00-4:00 Bingo (AR) 2:30 Half Time Happy Hands</p>	<p>9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Drum It Up 1:00 Step up Up - Walkers 1:30 Rosary followed by 2:15 Holy Communion 2:30 Coffee &amp; Snack Time 2:45-4:00 Crazy 8's</p>	<p><b>Hair – All day with Linda</b></p> <p>9:30- 10:00 Exercise (SR) 10:15-11:45 Center/Left/Right 1:00 Step up Up - Walkers 1:30 Coffee &amp; Snack Time 2:00-4:00 Bingo in AR 2:30 Half Time Happy Hands</p>	<p>9:30 Social Time 10:30 Step it Up Walkers 1:00 Parlez vous Francais French Social Time 2:00 Coffee/Snack Time 2:30 – 3:30 BINGO with Care Partner</p>
<p>9:30 Catholic Mass 10:30 Social Time 1:00 Step it Up 2:00 Coffee/Snack Time 2:30 – 3:30 BINGO with Care Partner</p> <p>Chinese New Year (Year of the Rabbit)</p>	<p>9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Flash Back Time 1:00 Step up Up - Walkers 1:30 Coffee &amp; Snack Time 2:00-4:00 Bingo (AR) 2:30 Half Time Happy Hands</p> <p>Activity Professionals Week</p>	<p><b>8:00 Eggs Your Way GREEN</b></p> <p>9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30 Spiritual Reflections with Linda Rhodes 1:30 Coffee &amp; Snack Time 2:00-4:00 UNO with The Candy Man</p>	<p><b>Happy Birthday Jimmy</b></p> <p><b>Hair – All day with Linda</b></p> <p>9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Center/Left/Right 1:00 Step up Up - Walkers 1:30 Birthday Celebration -AR 2:00-4:00 Music with Joe Barbara in Sunroom</p>	<p>9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Drum It Up 1:00 Step up Up - Walkers 1:30 Rosary followed by 2:15 Holy Communion 2:30 Coffee &amp; Snack Time 2:45-4:00 Crazy 8's</p> <p>Australia Day (observed)</p>	<p><b>Hair – All day with Linda</b></p> <p>9:30- 10:00 Exercise (SR) 10:15-11:45 Strain the Brain 1:00 Step up Up - Walkers 1:30 Coffee &amp; Snack Time 2:00-4:00 Bingo in AR 2:30 Half Time Happy Hands</p>	<p>9:30 Social Time 10:30 Step it Up Walkers 1:00 Puzzle Time 2:00 Coffee/Snack Time 2:30 – 3:30 BINGO with Care Partner</p>
<p>9:30 Catholic Mass 10:30 Social Time 1:00 Step It Up 2:00 Coffee/Snack Time 2:30 – 3:30 BINGO with Care Partner</p>	<p>9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30 – Spiritual Reflections 1:00 Step up Up - Walkers 1:30 Coffee &amp; Snack Time 2:00-4:00 Bingo (AR) 2:30 Half Time Happy Hands</p>	<p><b>8:00 Eggs Your Way BLUE</b></p> <p>9:15 Spiritual Prayer Time 9:30- 10:15 Exercise (SR) 10:30- Pitty Pat Card Game 1:00 Step up Up - Walkers 1:30 Hot Chocolate Day Social 2:00-4:00 POKENO (AR)</p>	<h1>January 2023</h1> <p>SR = Sunroom AR = Activity Room</p>			