Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar is subject to c	hange with notice!		Hair – All day with Linda 9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Center/Left/Right 1:00 Step up Up - Walkers 1:30 Coffee & Snack Time 2:00-4:00	9:30- 10:30 Exercise (SR) 10:30-11:30 Drum It Up	9:30- 10:15 Moving to the Oldies Chair Exercise to Music 10:15 Strain the Brain Game 1:00 Step up Up - Walkers 1:30 Coffee & Snack Time	 Happy Birthday Mary 9:30 Let's Watch a Movie 1:00 Step it Up Walkers 2:00 Coffee/Snack Time 2:30 – 3:30 BINGO with Care Partner
5 9:30 Catholic Mass 10:30 Social Time 1:00 Step it Up 2:00 Coffee/Snack Time 2:30 – 3:30 BINGO with Care Partner	9:30- 10:30 Exercise (SR) 10:30-11:30 UTube Time 1:00 Step up Up - Walkers 1:30 Coffee & Snack Time 2:00-4:00 Bingo (AR)	9:30- 10:30 Exercise (SR) 10:30-11:30 Pitty Pat Cards With Mary (AR) 1:00 Step up Up - Walkers 1:30 Coffee & Snack Time	Bair – All day with Linda 9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Valentine Craft 1:00 Step up Up - Walkers 1:30 Coffee & Snack Time 2:00-4:00 Bingo	9 9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Drum It Up 1:00 Rosary followed by 1:20 Holy Communion 2:00 – 4:00 Music with Joe Barbara	9:15 Spiritual Prayer Time 9:30- 10:15 Moving to the Oldies Chair Exercise to Music 10:30 Left Center Right Game 1:00 Step up Up - Walkers	11 9:30 Social Time 10:30 Step it Up Walkers 1:00 What are you looking at? Magazine Time 2:00 Coffee/Snack Time 2:30 – 3:30 BINGO with Care Partner
		8:00 Valentine's Waffle Breakfast in each neighborhood 10:30-11:30 Mass with Father Anthony (Sunroom) 1:30 Coffee & Snack Time 2:00-4:00 Valentine Social	Hair – All day with Linda 9:00 Bookmobile Visits Room 9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Center/Left/Right 1:00 Step up Up - Walkers 1:30 Coffee & Snack Time 2:00-4:00 POKENO		9:15 Spiritual Prayer Time 9:30- 10:15 Moving to the Oldies Chair Exercise to Music 10:30 – 11:45 Beads for Parade on Monday	18 9:30 Social Time 10:30 Step it Up Walkers 1:00 Parlez vous Francais French Social Time 2:00 Coffee/Snack Time 2:30 – 3:30 BINGO with Care Partner
	Krewe du Ashton Rolls! 20 9:15 Spiritual Prayer Time 9:30- 11:30 Mardi Gras Music 2:00 Dress in costumes for Krewe du Ashton 2:30 Krewe du Ashton Rolls 2:45 Mardis Gras Social & King Cake for Residents	Happy Mardi Gras 9:00 – 12:00 Watch Mardi Gras on TV together in Common Area with Care Partners 1:30 Decorate your own king	1:30 Coffee & Snack Time	23 9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Drum It Up 1:00 Step up Up - Walkers 1:30 Rosary followed by 2:15 Holy Communion 2:30 Coffee & Snack Time 2:45-4:00 Crazy 8's	24 Hair – All day with Linda 9:15 Spiritual Prayer Time 9:30- 10:15 Moving to the Oldies Chair Exercise to Music 10:15	25 9:30 Social Time 10:30 Step it Up Walkers 1:00 Puzzle Time 2:00 Coffee/Snack Time 2:30 – 3:30 BINGO with Care Partner
26 9:30 Catholic Mass 10:30 Social Time 1:00 Step it Up 2:00 Coffee/Snack Time 2:30 – 3:30 POKENO with Care Partner	9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Flashback Time 1:00 Step up Up - Walkers 1:30 Coffee & Snack Time 2:00-4:00 Bingo (AR)	28 9:15 Spiritual Prayer Time 9:30- 10:30 Exercise (SR) 10:30-11:30 Spiritual Reflections with Linda 1:00 Step up Up - Walkers 1:30 Coffee & Snack Time 2:00-4:00 UNO (AR)	Fe	ebrua	ry 20	23